Messenger of Truth
"Holding forth the Word of Life" (Phil. 2:16)
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## **Balance**

"Balance is not something you find, it's something you create." - Jana Kingsford

"Extremes are easy. Strive for balance." - Colin Wright

"The key to keeping your balance is knowing when you've lost it." - unknown

"Life is like riding a bike. It is impossible to maintain your balance while standing still." – Linda Brakeall

"The foundation stones for a balanced success are honesty, character, integrity, faith, love and loyalty." – Zig Ziglar

It is truly amazing how many people's lives are out of balance. They live with obsessions, and focus on the extremes. For some, they are workaholics. They have little time for family or friends. Others are distracted by the playful side of life. They lack any type of work ethic. Some are so cold toward other people they make you uncomfortable. And others are so outgoing that they muscle their way into your affairs.

In the extremes, as though riding down a highway, some are in the left ditch and others in the right. Although we are uncomfortable with labels, we do understand it when we talk about a liberal mindset, or a radical mindset. For some, they want no boundaries, no guidelines in life. Others are so obsessed with boundaries that they have rules for everything, even when no rules for whatever they are obsessed with do not exist.

In religious matters, a lack of balance has become quite the problem. We have some that are so out of balance that practically anything goes. It is like the saying, "footloose and fancy free." There are no rules, no guidelines, and anything is pretty much accepted. On the other side, we have those who are such strict rule keepers, they they serve as brotherhood policemen. They label anyone who does not see things the way they do. They are suspicious of everyone and are so tight in their views, that pretty much everyone is wrong and stands condemned.

In everyday life, and most certainly in religious matters, we need to strive to the utmost to achieve balance. Honor and obey God's commands. But don't be so dogmatic on matters of opinion that you set yourself up as an authority in religious matters. God is the only authority.

If you want to study more on people out of balance, look at the scribes and Pharisees in the New Testament. It is truly amazing to see how they wanted to dominate the lives of others, and to have everyone see religious matters as they would have them to. In that regard, remember Jesus' warning: "For I say to you, that unless your righteousness exceeds the righteousness of the scribes and Pharisees, you will be no means enter the kingdom of heaven" (Matt. 5:20).